

# Strategies for Enhancing College Students' Identity with the Chinese National Community in the Perspective of Emotional Education

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## Abstract

Emotional education is essentially a kind of identity education based on human emotion, which has certain reference significance for enhancing the Chinese national community identity of college students of all nationalities, and helps to thickly plant the Chinese national community emotion of college students. The community of destiny of the Chinese nation, the community of spirit of the Chinese nation, and the political community of the Chinese nation are the main contents of the community identity of the Chinese nation. According to the logical level of generating the same emotion-identifying with the same emotion-maintaining the same emotion, we promote the identity of college students with the community of the destiny of the Chinese nation through emotional empathy; choose three dimensions, namely, classroom teaching, campus culture and mass media, to strengthen the identity of the community of the spirit of the Chinese nation among college students; and strengthen the image of the political party, the education of the path of development and the theoretical system, as well as the activities of political ceremonies to consolidate the identity of the political community of the Chinese nation among college students.

## Keywords

Emotional Education; Chinese National Community; University Students; Identity Education.

## 1. Introduction

The Chinese dream of realizing the great rejuvenation of the Chinese nation is the greatest dream since modern times. The realization of the Chinese dream of the great rejuvenation of the Chinese nation should be based on the casting of a firm sense of community among the Chinese nation, and the cause of national unity and progress should be grasped as a fundamental cause. Colleges and universities are important venues for forging a firm sense of Chinese national community and carrying out education on national unity and progress. As the target of education in colleges and universities, it is of great significance for college students to strengthen their identification with the community of destiny of the Chinese nation, the community of the spirit of the Chinese nation, and the political community of the Chinese nation in order to enhance their identification with the Chinese national community and to forge a firm sense of Chinese national community.

## 2. Emotional co-sensitization of the community of destiny of the Chinese nation and promotion of the emotional generation of the identity of the Chinese national community

With regard to the study of "emotion class", Bourneologists have proposed the "similarity attraction theory", which holds that "feeling" is an emotional response of a similar nature, and

that the resulting cosmology is a world full of emotions. In the Chinese epistemology of "emotion", Confucianism holds that "everything is attracted to each other, and this intrinsic attraction is the reason why the universe, society, and individual life are cohesive and not discrete at all levels of reality".[1] From this, it can be further inferred that the similarity of "emotional" responses among various ethnic groups can accumulate individuals to form the Chinese national community identity. Therefore, in the process of carrying out college students' education on Chinese national community identity, it is necessary to take the enhancement of the common sense of Chinese national emotion as an entry point to increase students' emotional common sense of the Chinese national community of destiny, and then to promote the emotional generation of college students' Chinese national community identity.

### **2.1. Focus on the emotional development of university students' identity with the Chinese national community**

The university stage is the most colorful stage of the emotional world in life, reflecting the diversity and superficiality of the emotional development of college students. To cultivate college students' identification with the Chinese national community, we should not only focus on teaching the idea of the Chinese national community through certain ways and means, so that college students can master the systematic knowledge and theories related to the identification of the Chinese national community, but also pay more attention to the emotional education of the identification of the Chinese national community, organically integrating the knowledge education with the self-feeling and spiritual growth of the students, so as to promote the healthy and harmonious development of the students and perfect the structure of their personality, and thus enhance the value orientation of the identification of the Chinese national community. And then enhance the value orientation of the identity of the Chinese national community. In the implementation of Chinese national community identity education, colleges and universities should first understand and grasp the inner law of the emotional development of college students, identify the common emotional characteristics of college students, so as to purposefully guide and educate them to establish a correct emotional outlook on Chinese national community identity, and to realize the educational effect of the rise of rational cognition to the internalization of emotion.

### **2.2. Stimulating the common feelings of university students to identify with the Chinese national community of destiny**

The Chinese national community is not only a community of nationalities constituted by the various ethnic groups in China's history, but also a community of destiny that has been forged with the Chinese nation in times of trouble and in times of suffering. In thousands of years of historical evolution, the Chinese nation has deeply exchanged and integrated, and the commonality of all nationalities has been increasing, which has jointly created a glorious era of the Chinese nation's history and culture. In the great struggle to defend against foreign insults and to meet the national difficulties together, all nationalities have formed a glorious history of sharing the same breath, sharing the same destiny, and connecting the hearts of the people. In the process of education on the identity of the Chinese national community for college students, it is necessary to highlight the emotional memory of the historic interactions of the Chinese national community, so that college students, in the process of tracing history and sharing narratives, deeply appreciate and comprehend the deep historical origins and symbiosis of destiny of the Chinese nation, so as to enhance the pride, happiness, and sense of acquisition of the identity of the Chinese national community. Colleges and universities should make use of national unity and progress education and practical activities to enrich college students' emotional experience of the community of destiny of the Chinese nation, for example, by creating the practice mode of "living together, learning together, working together and having

fun together", to promote the development of mutual understanding and cooperation among students. [2] For example, by creating the practice mode of "living together, learning together, doing together, and enjoying together", promotes the exchange and interaction between each other, mutual learning, mutual appreciation, and obtains positive emotions from students of different nationalities, and transfers them to positive emotional attitudes towards the whole national group, so as to reach a kind of harmony and unity with the community of destiny of the Chinese nation.

### **2.3. Strengthening the emotional ties between university students and the identity of the Chinese national community of destiny.**

"A community is a group of people with symbiotic and coexisting relationships, a common nature, common ideological beliefs and emotional sustenance. [3] "People's attachment to the community, their respect and trust, and their harmonious coexistence prompt them to consciously undertake some of the obligations incumbent upon them to safeguard the prestige and interests of the community. Within the Chinese national family, the common emotion is an important bridge to condense the identity of all nationalities to the Chinese national community, while good ethnic relations are the basic premise to regulate the emotional foundation of all nationalities. The problem of ethnic relations has existed for a long time since ancient times, which to a certain extent affects college students, especially ethnic minority college students, to have some incorrect understanding of ethnic issues. Therefore, the cultivation of university students' identification with the community of destiny of the Chinese nation should be strengthened and consolidated through socialist education on ethnic relations, which teaches the Marxist theory of nationalities, promotes the historical tradition of national unity and solidarity, publicizes China's national policies, and strengthens the understanding of the community of destiny of the Chinese nation, in the light of the characteristics and realities of university students of various nationalities.[4] It also strengthens the emotional co-consciousness with the Chinese national community of destiny. The Chinese national community is like a big family, and all nationalities are members of this big family, and this inner structure provides a point of emotional connection for college students to identify with the Chinese national community.

### **3. The situation to create a spiritual community of the Chinese nation, to strengthen the emotional support of the identity of the Chinese national community**

In educational activities, human cognitive activities often need to be generated with the help of specific situations, according to the psychological research point of view, "emotion is the most situational mental activity. The entry of the situation can stimulate emotions, let people produce positive and active emotional experience, and generate more stable emotional state and emotional orientation.[5] Therefore, to explore the constructive strategy of college students' Chinese national community identity education, it is necessary to pay attention to the dimension of context creation. General Secretary Xi Jinping pointed out that "it is necessary to construct a common spiritual home for the Chinese nation, so that the hearts and minds of all ethnic groups are reunited and spiritually dependent on each other, forming a strong spiritual bond of cohesion, unity and struggle." [6] Therefore, to improve the emotional support of college students' identification with the Chinese national community, it is necessary to create the context of the common spiritual home of the Chinese nation through classroom teaching, campus culture, and mass media to realize college students' identification with the Chinese national community.

### 3.1. Creating context in classroom teaching and learning

Classroom teaching is the main channel and the main position for promoting school education activities, and plays an important role in educating people in the whole education system. College students' identification with the Chinese national community cannot be separated from the classroom cognitive context. Teachers use emotional guidance in classroom teaching to create an atmosphere of a common spiritual home for the Chinese nation, following the principles of teaching for fun, teaching with emotion, and emotional teaching with teachers and students. On the one hand, teachers should regulate the emotional state of college students as the operating point, and organically combine the two levels of "what college students want to hear" and "what we want to teach". Teaching content using "storytelling" way to show the most unique spiritual symbols of the Chinese nation, so that the Chinese national community identity education "tangible, sensory, effective"; teaching form, show the unique characteristics of the various nationalities of stage art works, language and writing, In the form of teaching, Chinese cultural symbols and images of the Chinese nation such as the unique stage art works, language and writing, traditional architecture are displayed to enable students to draw wisdom and strength on the basis of the "visible, audible and tactile" history and culture of the Chinese nation and to form an attitude of recognition of the Chinese national community. Secondly, teachers should use their own sense of reason to sensitize students, so that the sense of reason of college students will change silently, which requires teachers to establish a good emotional relationship with students in teaching. As early as in the West, research has begun to study how schools can incorporate social and emotional learning (SEL) into the teaching system, i.e., through the development of students' social, emotional, behavioral, and personality-related skills, so that students can positively interact with their teachers, with others, and with their studies, thus improving the learning outcomes of their subjects.[7] Therefore, teachers should integrate social and emotional learning into classroom teaching to mobilize college students to be active and proactive in teaching the content of Chinese national community identity, to consciously promote Chinese culture in real life, and to enhance cultural self-confidence.

### 3.2. Creating context in school culture

General Secretary Xi Jinping pointed out that "we should pay more attention to educating people through culture and culture, widely carry out the creation of civilized campuses, and carry out campus cultural activities that are diversified, healthy, and elegant in tone." [8] The Chinese national community identity education of college students is a very important part of the education of the Chinese national community. It can be seen that college students' Chinese national community identity education should not only pay attention to the emotional teaching in classroom theory, but also deepen the emotional common sense of Chinese culture and the Chinese national spirit through the construction of campus spiritual culture. On the one hand, colleges and universities should seize the characteristics of interoperability and integration between campus culture and Chinese national culture, effectively guide college students to inherit the excellent traditional Chinese culture, excavate and condense the cultural field that can highlight the identity of the Chinese national community in the construction of campus culture, and form the spirit of campus culture that has the concept of campus culture and integrates with the excellent traditional Chinese culture; on the other hand, it is necessary to integrate the excellent traditional Chinese culture into the various activities for the promotion of the spirit of campus culture. On the other hand, it is necessary to integrate the excellent traditional Chinese culture into all kinds of practices for the promotion of campus culture and spirit, and organize and carry out campus practice activities with special characteristics in a planned and purposeful way, so that college students can learn by doing, thus realizing the educational purpose of the identity of the Chinese national community.

### **3.3. Utilization of mass media for contextualization**

With the increasing diversification of the mass media, especially the universalization of Internet carriers, the question of how to use the modern media to disseminate the carriers of the spiritual and cultural construction of the Chinese nation has become a real problem that needs to be addressed in the education of the identity of the Chinese national community. Since college students are high contacts and users of mass media, their value formation and transmutation are deeply influenced by mass media, therefore, in addition to promoting the creation of a common spiritual home for the Chinese nation inside and outside the classroom, we should also grasp the laws of sharing knowledge and information and spreading value concepts in the information society and the age of all-media, and rewrite typical examples of Chinese culture into easy-to-understand, vivid and three-dimensional movies, We should also grasp the rules of knowledge and information sharing in the information society and the all-media era, and rewrite typical examples of Chinese culture into easy-to-understand, vivid and three-dimensional movies, TV dramas, literary works, radio stations and other forms that are favored and praised by college students; expand the influence of online entertainment media, and closely link the contents of substantive communication with the real life of college students of all nationalities; and give full play to the role of socialist values as a leader and promoter. We should reform the previous simple and crude forms of dissemination in the form of slogans and slogans, and realize the core socialist values in a way that is pleasing to college students, so that the values can be put into their minds and souls, and the feelings of college students for the identity of the Chinese national community can be thickly cultivated.

## **4. Emotional resonance with the political community of the Chinese nation and consolidation of the emotional foundation of identification with the Chinese national community**

"The Chinese national community is a national community consciously formed by all the ethnic groups of our country in the course of historical and practical changes, with the People's Republic of China as its political foundation".[9] The Chinese People's Republic is a political community based on the People's Republic of China. Under the strong leadership of the Communist Party of China (CPC), the cause of China's ethnic groups has seen unprecedented development, the system and policy of regional ethnic autonomy has been constantly developed and improved, de facto inequalities between ethnic groups have been effectively addressed, socialist ethnic relations have been constantly consolidated and developed, the ethnic groups have been promoted to be more self-confident in taking the correct path of solving the ethnic problem with Chinese characteristics, and the recognition and approval of the people of China's ethnic groups of their political life and nation-building has has been constantly rising, uniting the strength of the construction of the Chinese national community. Therefore, cultivating college students' identification with the political community of the Chinese nation and giving rise to political emotions towards political parties, systems and the state has become the key content of Chinese national community identity education, because "political identity both embodies the national will at the level of consciousness and provides a template for all members of a multi-ethnic state in their pursuit of values"[10] It is important to ensure that every member of the community identifies with and defends the Chinese national family.

### **4.1. Promoting the image and the ideals of political parties**

Vigorously promoting the image of the CPC and its touching deeds has a positive constructive effect on enhancing college students' emotional identification with the CPC. From the viewpoint of the American educationalist Bandura, "most human actions are learned through the



observation of role models; that is, a person knows how new actions should be done by observing others"[11] And the reason why the Communist Party of China is full of heroes is because it is honoring heroes and learning from them. The CPC has had many lovely and respectable, relatable role models and heroes over the past one hundred years, which is a natural material for publicizing the image of the CPC. Throughout the process of the rise and revival of the Chinese nation, Mao Zedong, Zhou Enlai and other revolutionary martyrs of the older generation have led the people of all ethnic groups to write a moving epic of greatness with their steadfastness, valor, and self-improvement; Qiu Shaoyun, Huang Jiguang, and countless other men of benevolence in the pursuit of national liberation, independence, and people's happiness have become the excellent role models for the CPC's image in history. In the new era, the CPC has produced many heroes who have done extraordinary things in ordinary positions, such as Zhang Guimei, who changed the destiny of a girl in a poor rural area, and Qian Xuesen, a scientist who repaid the motherland with his passion, and so on, and the widespread promotion of these heart-stirring heroes and historical deeds can influence college students' value choices and behavioral orientations in real life, and, in this sense, the education of Chinese national community identity for college students should be carried out. In this sense, to carry out the education on the identity of the Chinese national community, the image elements and typical deeds that can represent the CPC in the education on the history of the CPC and the education on the situation and policies should be sorted out and refined, so as to inspire the college students to support, trust and be loyal to the CPC, and consciously adjust their own political behaviors according to the norms of the Chinese Communist Party members, so as to enhance the deep-seated identity of the Chinese national community.

#### **4.2. Strengthening education on development paths and theoretical systems**

The road of socialism with Chinese characteristics and the political theory and system are important political attributes for advancing the identity of the Chinese national community. In terms of historical lineage, the Communist Party of China, after a long period of practice in revolution, construction and reform, has chosen for us the road of socialism with Chinese characteristics for our future advancement, and in the process of exploring the road, it has formed scientific and reasonable political theories and political systems, and has gradually opened up a new era of harmonious relations where ethnic groups are economically, culturally, socially, and emotionally absorbed into one another, interdependent on one another, and where neither one of them can be separated from the other, so that the meaning of the Chinese ethnic community is fully manifested for the Party and State to deal with ethnic issues and carry out ethnic work. This has led to a new era of relations, fully manifested the meaning of the Chinese national community, and provided the Party and the State with a wealth of valuable experience in dealing with ethnic issues and carrying out ethnic work. Entering the new era, the path of socialist modernization focuses on realizing the equality of all ethnic groups, and the use of the rule of law to safeguard equal rights and obligations in ethnic areas has forged the sense of identity of the Chinese national community. The CPC has adhered to the combination of Marxist theories on ethnicity and the specific reality of China's ethnic problems in dealing with ethnic affairs, further advanced our Party's important ideas on strengthening and improving the Party's work on ethnicity, and created a correct path to solving the ethnic problem with Chinese characteristics; our country's war against poverty has achieved a comprehensive victory, historically solving the problem of absolute poverty; the urban and rural outlook of ethnic areas has changed profoundly, and ethnic inter-ethnic ties are closer than ever, a moderately prosperous level has been established in all respects, the cohesion and centripetal force of all ethnic groups has been greatly strengthened, and all ethnic groups in China are highly identified with the Chinese national political community. For this reason, we are required to strengthen the education of university students on the identification with the

development path and theoretical system, and to stimulate the enthusiasm of university students to build a home for the Chinese national community from the bottom of their hearts.

### 4.3. Vigorous political ceremonial activities

Political rituals as a kind of spiritual symbols and intangible power have the function of emotional stimulation, prompting people to develop a strong sense of belonging and identity with the political system.[12] As a spiritual symbol and intangible power, political rituals have the function of emotional stimulation, prompting people to have a strong sense of belonging and identification with the political system. Therefore, political rituals have become an important carrier that influences the identity of the Chinese national political community of the members of the society, which can have a long-lasting and strong effect on the people's sense of identity of the Chinese national political community. Collective memory in political ceremonies is perpetuated and kept alive through various forms of performances. Collective memory is reproduced through national political ceremonies, which strengthens the psychological comfort and emotional belonging impression of the national image in people's hearts, thus promoting the assimilation of people's national emotions. Various political ceremonies are held for college students, and from the national level, it is necessary to strengthen the political ceremonies of party history and national history, the political ceremonies of commemorative activities, and the political ceremonies of important figures, such as the commendation ceremonies of the advanced young people on May 4 Youth Day, the ceremonies of the outstanding party members on July 1 Party Founding Day, and the ceremonies of the excellent party members on July 1 Party Founding Day. These sincere and solemn political ceremonies enable college students to be inspired and inspired by their charisma and make them understand the significance of pursuing political beliefs and serving the political development of the country, so as to build up a political consensus among college students on the identity of the Chinese national community; from the social level, we should enhance the political ceremonies for college students to participate in social practice activities. The interactive rituals can make the participants' emotions and concerns connected to each other, thus generating a shared emotional or cognitive experience. We should organize students to actively participate in the activities with the thinking of "empathy", widely communicate and deeply integrate, so as to arouse college students' collective emotions towards the Chinese nation. Through the "teaching in poor areas", "college students into the community", "three villages" and other participation in ceremonial activities, to experience the fundamental purpose of the country to serve the people wholeheartedly. At the university level, it is necessary to make good use of the national flag, the national emblem, the national anthem and other symbols that represent the modern Chinese State, to trigger the emotions of university students, awaken their collective memories, and unite their national identities, and to consolidate the political loyalty of university students through repetitive experiences, so as to enhance the cohesion and centripetal force of the Chinese national community.

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